

## A Comprehensive Program

The early years of life are a period of dramatic growth and development. During this time, the foundation is often set for a child's future of school and life success.

Working with women to achieve wellness during their pregnancy, postpartum, and daily life; public health nurses hope to encourage a positive and fulfilling experience of motherhood. We encourage women to take care of themselves so that they can provide the nurturing and safe environment that influences a child's world.

The Maternal and Child Health Program promotes wellness through a continuum of comprehensive health care programs and education for women, young children, and families, including:

- ✓ Nursing care and home visits
- ✓ Regular and routine health care
- ✓ Healthy lifestyles to eliminate or minimize risk factors
- ✓ Creating a safe and nurturing environment
- ✓ Referrals and connections with support agencies and services

## How to Enroll

The Maternal and Child Health Program is available to Ashland County residents who would benefit from the array of services described in this brochure.

Referrals to the program may be made by:

- Obstetricians
- Pediatricians
- Family Health Care Providers
- Family or Friends
- Community Agencies
- Department of Social Services
- Oneself

Early life experiences for children are significantly influenced by parents, caregivers, and the adults in their lives. Nurturing and loving relationships have a tangible and long-lasting impact on a child's development.

### Contact Us

Phone: 715-682-7004

Email: [achsd@co.ashland.wi.us](mailto:achsd@co.ashland.wi.us)

Fax: 715-682-7924



**Ashland County Health & Human Services Department**

630 Sanborn Ave  
Ashland, WI 54806  
Monday-Friday 7:30-5:00

## Maternal and Child Health



Ashland  
County Health  
& Human  
Services  
Department